

A circular, light blue-tinted photograph of a pregnant woman. She is shown from the waist up, wearing a light-colored, patterned dress. Her hands are resting on her pregnant belly. The background is a soft, out-of-focus blue.

Everything you need to know about  
**IN VITRO  
FERTILISATION**

In this dossier, we have provided all the information you need to feel reassured and confident that you have all the tools to help make your dreams of becoming a mother come true.

## The Treatment

In Vitro Fertilisation (IVF) is an assisted reproductive treatment that requires ovarian stimulation. This helps to grow eggs which are then fertilised with the sperm in the laboratory. This creates an embryo which we then implant back into the uterus in hopes of achieving a healthy pregnancy.

This procedure can be carried out using conventional IVF technique, where the semen sample and egg are placed in a culture dish. Or through intracytoplasmic sperm injection (ICSI), in which our embryologists introduce the best sperm into the egg using a pipette.

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THE PURPOSE OF THIS PROCESS IS TO OBTAIN HIGH QUALITY EMBRYOS, THEREBY ENHANCING THE CHANCES OF ACHIEVING PREGNANCY.

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# **How to determine if this is the right treatment for you**

## **In Vitro Fertilisation (IVF) is recommended for:**

Women with damaged or obstructed fallopian tubes.

Women with abnormalities in the cervix or ovaries.

Women with endometriosis.

Single women desiring to have a child.

Men with a previous vasectomy.

Men with low sperm quality and/or quantity abnormalities.

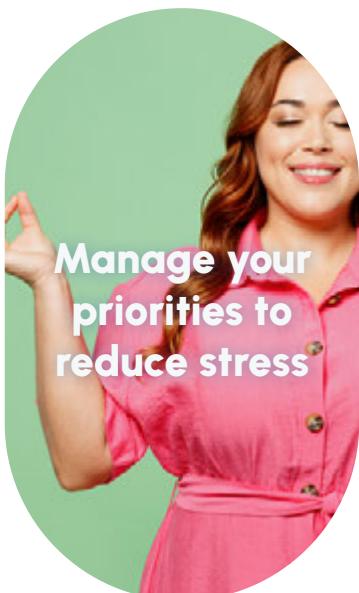
Couples where preimplantation genetic testing is necessary.

# 5 Pre-Treatment Tips

Here are some tips to consider before starting your treatment with us.



Maintain a healthy diet



Manage your priorities to reduce stress



Engage in regular physical exercise



Ensure good quality sleep and rest



Practice effective communication



# How to begin

If pregnancy doesn't occur naturally, the first step is to consider the possibility of an underlying issue. The next step would be to have an initial consultation with an expert to understand your situation better.

During the first consultation at IVI London, our fertility specialists will provide you with a personalized assessment. This includes a comprehensive gynaecological examination and, in the case of heterosexual couples, a semen analysis.

Once a diagnosis is reached, our medical team will inform you about the most suitable treatments for you, as well as an outline of the entire treatment process and next steps.

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**OUR FERTILITY SPECIALISTS PROVIDE A PERSONALIZED ASSESSMENT FOR EACH PATIENT.**

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# Phases of the IVF Treatment



## Ovarian Stimulation

The ovaries are stimulated by administering a gentle hormone regimen for approximately 10-12 days to obtain one or two mature eggs.

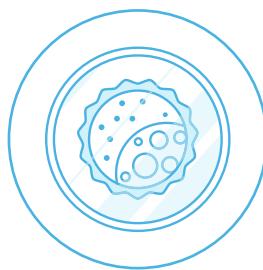


## In Vitro Fertilisation

In the laboratory, the eggs are brought into contact with the processed semen sample from the partner or donor. This process can be done through:

**Conventional IVF:** Each egg is placed in drops of previously prepared semen, simulating a cultivation environment.

**ICSI:** A selected sperm is injected into the interior of a mature egg to achieve fertilization.



## Embryonic Culture and Transfer

Embryos begin their development in incubators for 5 or 6 days, using a culture medium that provides them with the necessary nutrients for growth. Subsequently, the best embryo is transferred to the uterus through a simple vaginal procedure.



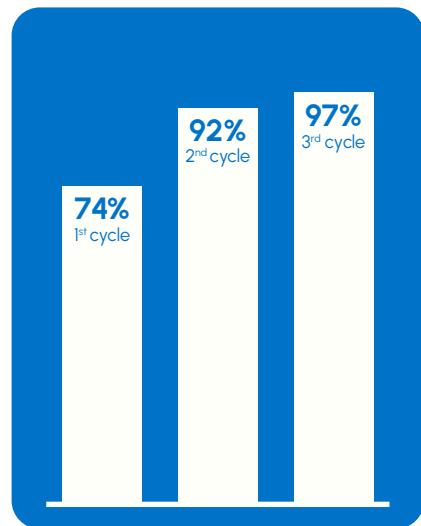
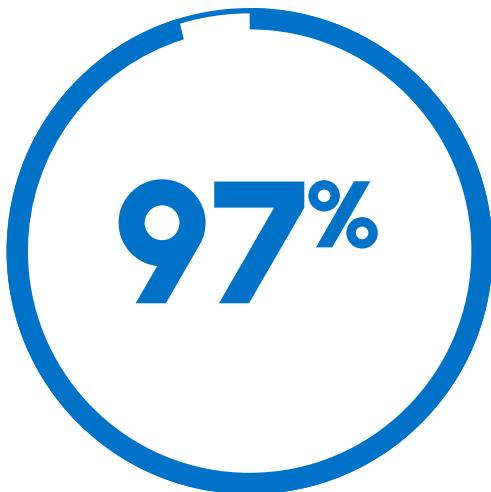
## Beta Waiting Period

If the result is positive, a follow-up ultrasound is performed 20 days later.

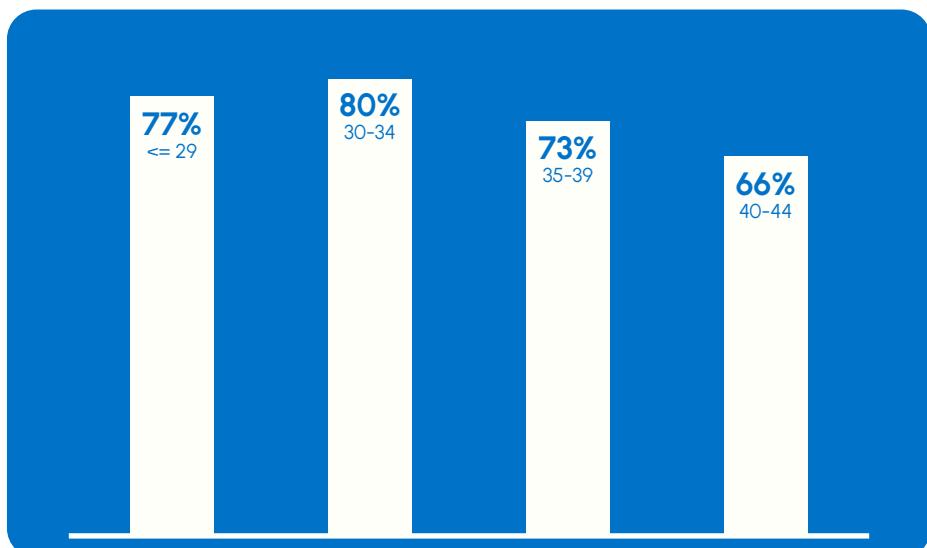
# Our Success Rates

Success rates are a key factor in choosing where to start your family project. At IVI, your chances of getting pregnant increase with each attempt.

Using your own eggs, the first cycle gives you a 74% chance of success (using all embryos from that cycle over different transfers), and the cumulative success rate reaches 97% by the third cycle.



Age is one of the most important variables affecting treatment success. At IVI, our success rates are high because we personalize hormonal stimulation to meet each patient's needs. We also use cutting-edge IVF labs to ensure embryos develop and are selected under optimal conditions.



# What Our Patients Say

At our clinics, we work to help our patients become mothers as quickly and smoothly as possible. Here are a few of their stories to inspire you on your path to motherhood:

We are deeply grateful for the exceptional care and attention we've received. From day one, we were welcomed with warmth and kindness that made us feel at home.

Thanks to the dedication and professionalism of the team, we're now expecting a beautiful big family. Words can't express our gratitude—we highly recommend their services to anyone seeking hope and quality care.

IVF Patient, IVI Las Palmas

I recommend IVI Madrid. I had several treatments to have my baby two years ago and I've come back now to try for another. We were with another clinic before and noticed a huge difference at IVI. Many thanks to the whole team—we've felt supported throughout the entire process.

IVF Patient, IVI Madrid

Six months ago, I started IVF after recovering from cancer. My eggs had been frozen and thanks to the team I'm now pregnant. Thank you so much for the care and affection—I couldn't be happier. My dream is finally coming true.

IVF Patient, IVI Vigo

We 100% recommend this clinic—our experience was very positive. We came from another center and are very happy we made the switch. Our dream of becoming parents came true at IVI, thanks to the professionalism of their team. Less time, lower costs, and higher quality.

IVF Patient, IVI Valencia

Our experience was excellent. Every staff member treated us with compassion, empathy, and professionalism. Thank you for taking such good care of us and our embryos—your work is truly wonderful and flawless.

IVF Patient, IVI Madrid

We're still amazed at how quickly and smoothly everything went at IVI Bilbao. After a long journey, we're now pregnant on the first IVF try with no issues. We're a same-sex couple and the way our case was handled was impeccable. We hadn't considered a private clinic, but this was the best decision we could've made. Thank you for everything!

IVF Patient, IVI Bilbao

# Cost of Your Treatment

At IVI, every patient is unique. We prioritize personalized diagnosis to maximize your chances of success, so the final cost will depend on the specific tests needed to evaluate your individual case.

In vitro fertilization (IVF) offers a cumulative success rate of up to 97%.

## Included Services

Ultrasound monitoring during the cycle	Unlimited
Hormone bloodwork during the cycle	Unlimited
Egg retrieval procedure	1
Assisted reproduction laboratory services	1
ICSI (Intracytoplasmic Sperm Injection)	1
Embryo transfer	1
Pregnancy test (BhCG)	Unlimited
Pregnancy test results consultation	1
Pregnancy confirmation scan	1

**Starting at 5.350 €**

## Additional Services

Depending on your case, you may also need the following:

### EMBRYO VITRIFICATION

Freeze high-quality embryos obtained during your cycle for future use.

### EXTENDED EMBRYO CULTURE

We culture your embryos up to day 5 of development (blastocyst stage), which is the optimal time for transfer to increase pregnancy success rates.

### IA EMBRYOSELECT

Embryo selection using time-lapse imaging and artificial intelligence. The most advanced embryo culture technology and artificial intelligence come together to select the embryo with the greatest reproductive potential, increasing your chances of pregnancy.

### PGT-A (PREIMPLANTATION GENETIC TESTING FOR ANEUPLOIDY)

Genetic analysis of embryos to increase the chances of success and having a healthy live birth.

### FROZEN EMBRYO TRANSFER (FET)

This service is used when surplus embryos from a previous cycle are available for future transfer.

\* Medication is not included in the treatment cost.

\* Ask us about financing options.

# Navigating Your Treatment



Our "Plan IVI Contigo" is designed to meet your needs by offering you a range of tools and services to make your journey to motherhood as easy and supportive as possible.

## Personalized Treatment

IVI is a leader in top-quality, personalized assisted reproduction treatments. Our close and continuous follow-up throughout your treatment makes us a trusted name in the field.

## Genetic Counseling

We offer an innovative reproductive genetics service.

In a dedicated consultation, our genetic specialists will explain how inherited diseases can be passed on and advise you on the most suitable reproductive options.

## Emotional Support

Alongside medical care, emotional support is essential to navigating infertility in the healthiest way possible.

At IVI, our specialized emotional support team is available at every stage of treatment. Our goal is to create a safe space where you can speak openly about your concerns and focus on achieving emotional wellbeing.

## Patient Portal

Through IVI's online Patient Portal, you can track your treatment from home and access updates whenever you need them.

