



Everything you need to know about

# INTRAUTERINE INSEMINATION



In this dossier, we have provided all the information you need to feel reassured and confident that you have all the tools to help make your dreams of becoming a mother come true.

# The Treatment

Intrauterine Insemination is one of the least complex treatments and the most respectful with the gametes' natural environment. It can be performed with a semen sample from a donor or from a male partner if his semen quality is sufficient.

The aim of Intrauterine Insemination is to optimise the semen sample and shorten the distance between the sperm and the uterus, facilitating the encounter between the two.

To ensure the Intrauterine Insemination is a successful it is essential for at least one Fallopian tube to be in perfect conditions.

In addition, the male's semen must contain a minimum concentration of mobile spermatozoa.

---

**THE AIM IS TO SHORTEN THE DISTANCE THAT SEPARATES THE SPERMATOZOA FROM THE UTERUS.**

---

# How do I know if it's the right treatment for me?

## **Insemination (IUI) is recommended for:**

Women with a good number of quality eggs and no male partner

Women or couples with infertility of unknown origin

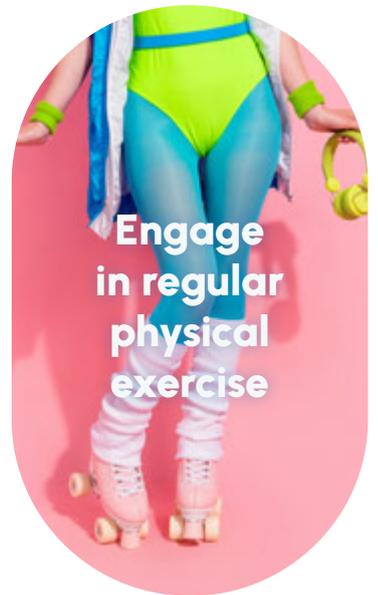
Women who do not ovulate normally or have alterations at the entrance of the uterus

Heterosexual couples in which the man has slight defects in his semen

Heterosexual couples in which the male partner is a carrier of a genetic disease

# 5 Pre-Treatment Tips

Here are some tips to consider before starting your treatment with us.





# How to begin

If pregnancy doesn't occur naturally, the first step is to consider the possibility of an underlying issue. The next step would be to have an initial consultation with an expert to understand your situation better.

During the first consultation at IVI London, our fertility specialists will provide you with a personalized assessment. This includes a comprehensive gynaecological examination and, in the case of heterosexual couples, a semen analysis.

Once a diagnosis is reached, our medical team will inform you about the most suitable treatments for you, as well as an outline of the entire treatment process and next steps.

---

**OUR FERTILITY SPECIALISTS PROVIDE A  
PERSONALIZED ASSESSMENT FOR EACH PATIENT.**

---

# Phases of the AI treatment



## Ovarian Stimulation

The ovaries are stimulated by administering a gentle hormone regimen for approximately 10-12 days to obtain one or two mature eggs.



## Insemination

The semen sample is prepared in the laboratory to obtain the best quality spermatazoa fraction.

Once ready, the semen sample is introduced through a cannula into the uterus.

This step is performed on an outpatient basis and does not require sedation, as it is painless.



## Pregnancy test

This is conducted around 14-15 days after the insemination.

# Cost of Your Treatment

At IVI, every patient is unique. We prioritize personalized diagnosis to optimize your chances of success, so the final price depends on the specific tests needed to evaluate your case.

Intrauterine insemination has a cumulative success rate of 51%.

## Included Services:

Ultrasound monitoring during the cycle	Unlimited
Hormone bloodwork during the cycle	Unlimited
Intrauterine insemination	1
Pregnancy tests (BhCG)	Unlimited
Consultation to discuss pregnancy test results	1
Early pregnancy scan	1

**Starting at 880 €**

## Additional Services

Depending on your case, you may also require:

### SPERM BANK

If needed, you can use donor sperm from an anonymous donor. IVI has one of the largest sperm banks in the world.

\* Medication is not included in the cost of treatment.

\* Ask about our financing options.

# Navigating Your Treatment

**PlanIVI**  
*contigo*

Our "Plan IVI Contigo" is designed to meet your needs by offering you a range of tools and services to make your journey to motherhood as easy and supportive as possible.

## Personalized Treatment

IVI is a leader in top-quality, personalized assisted reproduction treatments. Our close and continuous follow-up throughout your treatment makes us a trusted name in the field.

## Genetic Counseling

We offer an innovative reproductive genetics service.

In a dedicated consultation, our genetic specialists will explain how inherited diseases can be passed on and advise you on the most suitable reproductive options.

## Emotional Support

Alongside medical care, emotional support is essential to navigating infertility in the healthiest way possible.

At IVI, our specialized emotional support team is available at every stage of treatment. Our goal is to create a safe space where you can speak openly about your concerns and focus on achieving emotional wellbeing.

## Patient Portal

Through IVI's online Patient Portal, you can track your treatment from home and access updates whenever you need them.



Where  
life  
begins