Everything you need to know about

Fertility Preservation



IVI Fertility



Fertility and age aren’t a good combination

The Treatment

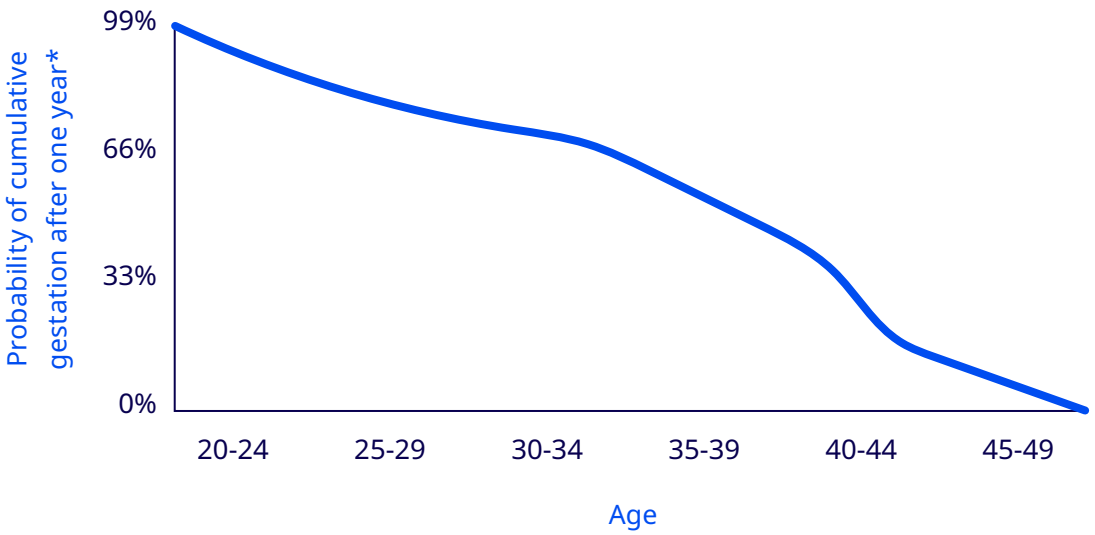
At IVI we offer egg freezing, which allows women to freeze their eggs in their current state of health and be used at a later point. This gives women a bit more flexibility when deciding to become a mother.

At IVI we use the vitrification technique as it offers the best results at the time of thawing. The absence of ice crystal formation increases the survival rates of the oocytes.

This way we can guarantee that your eggs will remain young and in the best condition.

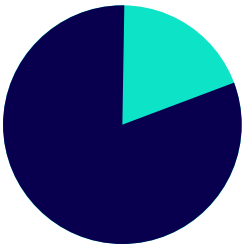
Did you know that for every year you delay maternity, your chances of getting pregnant decrease?

Pregnancy rate

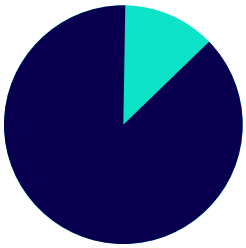


*Chance of spontaneous pregnancy after one year.

What happens if you don’t preserve?



30 years
A 30-year-old woman has about a 20% chance of getting pregnant each month



35 years
A 35-year-old woman has about a 15% chance of getting pregnant each month

Phases of egg freeing



1. Ovarian Stimulation

The treatment begins with the menstrual cycle, which is when we start the ovarian stimulation. It lasts between 10 and 12 days and consists of hormonal injections that stimulate the development of multiple eggs within each ovary.



3. Egg Retrieval

This is performed in the operating theatre under sedation to ensure the patient does not feel any discomfort. In the puncture procedure, which takes about 15-20 minutes, the ovaries are accessed through the vaginal cavity, from where the eggs are aspirated and collected in tubes, they are then taken into the lab where they will be vitrified.

After the procedure, the patient rests for a period, after which she is discharged and is able to continue her usual routine that same day.



3. Vitrification of oocytes

For freezing, the eggs are treated with a series of protective means to ensure they do not suffer any damage in the cooling process. Once the process is finished, they are placed in a storage tanks filled with liquid nitrogen, at a temperature of -196°C. These tanks are specifically designed for frozen gambit so the low temperature stays consistent. They also have a double alarm system to ensure that the temperature remains in the optimum range at all times.

My IVI Programs:

Future, Prediction & Genetic



My IVI Future

Preserve your fertility.
My IVI Future includes everything you need to preserve your oocytes safely and with full guarantees. Our experts will monitor your treatment closely, support you through the retrieval process, and safeguard your oocytes until you're ready to use them.



My IVI Prediction

Success prediction through artificial intelligence.
We use advanced software powered by artificial intelligence to assess the quality and reproductive potential of your oocytes. You'll receive not only information about quantity but also a report on their quality and your chances of having a baby using the retrieved oocytes.



My IVI Genetic

Genetic testing before treatment.
Knowing if you have any genetic alterations is highly relevant when it comes to preservation. That's why in My IVI Genetic, in addition to the insights provided by AI, we also include genetic information.

My IVI Programs:

What's included in IVI's Preserva Programs?	My IVI Future	My IVI Prediction	My IVI Genetic
Ultrasound monitoring	✓	✓	✓
Hormone blood tests	✓	✓	✓
Oocyte retrieval (aspiration)	✓	✓	✓
Vitrification, 1 year of storage, and thawing	✓	✓	✓
AI analysis of the retrieved oocytes		✓	✓
Detailed report on oocyte quality		✓	✓
Prediction of potential embryos / babies		✓	✓
Two free genetic counseling sessions			✓
Carrier screening test – Carrier Basic (for the most common recessive and X-linked conditions)			✓
Karyotype test (to detect chromosomal alterations that can impact embryo health)			✓
Initial psychological consultation - 1			✓



Treatment Cost

After evaluating your case, our specialists will design a treatment plan tailored to your needs, and our team will provide you with a fully customized cost estimate.

Fertility preservation is a treatment that allows you to pause your biological clock so you can choose when to become a mother. Thanks to the vitrification technique used to freeze oocytes, we are able to preserve their properties intact until the moment of thawing, with very high survival rates.

Included Services

Ultrasound monitoring during the cycle	Unlimited
Unlimited hormone blood tests during the cycle	Unlimited
Oocyte retrieval	1
Vitrification and first year of storage	1
Oocyte thawing	1
Medical consultation	Unlimited

From 3.090 €

Additional Services

Depending on your case, you may need the following:

STORAGE RENEWAL
You can renew the length of time you want your oocytes to remain frozen and stored until you decide to use them.

*Medication not included in the treatment cost
*Ask about financing options



Genetic Counseling

We offer an innovative reproductive genetics service. In a dedicated consultation, our genetic specialists will explain how inherited diseases can be passed on and advise you on the most suitable reproductive options.



Patient Portal

Through IVI's online Patient Portal, you can track your treatment from home and access updates whenever you need them.



Personalized Treatment

IVI is a leader in top-quality, personalized assisted reproduction treatments. Our close and continuous follow-up throughout your treatment makes us a trusted name in the field.



Emotional Support

Alongside medical care, emotional support is essential to navigating infertility in the healthiest way possible. At IVI, our specialized emotional support team is available at every stage of treatment. Our goal is to create a safe space where you can speak openly about your concerns and focus on achieving emotional wellbeing.



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